# Mental Health Services

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#### A program of the Mental Health Association of Northern Kentucky

#### Are you ...?

- > Frequently hospitalized
- Having difficulty finding housing
- Having trouble with psychiatric treatment
- > Experiencing symptoms you can't explain

## Do you need help...?

- Understanding the application process of Social Security
- Finding a Psychiatrist, Therapist or Support Group
- Finding Vocational Rehabilitation/Job Training
- Knowing where to go to apply for Assisted Housing
- Knowing where to go to apply for K-TAP, Food Stamps, or Medical Assistance
- Knowing where to go to identify signs and symptoms of Mental Health issues

## Mental Health Consultants

Provides services to adults and their families who are struggling with mental health problems. We offer information, referrals, and help link you to the services available in our community. We may be able to help in the application process for Social Security Disability.

# Depression Support Group

We sponsor and facilitate a Depression Support Group. Call for more information and before attending. These services are free of charge.

## Free Mental Health Screenings

We provide screenings to help you determine symptoms you are experiencing and provide appropriate referrals.

## Payee Program

Offered to adults who are struggling with mental health problems and are unable to manage their finances due to memory problems, compulsive spending, or emotional stress. For those individuals who have no case management and need payee services, case management will be provided. There is a \$10 per month fee for the payee services.

If you are interested in any of these services, please call and ask to speak with a mental health consultant. We are in the office Monday through Friday, 9:00 a.m. -5:00 p.m.